


VIT
 Vellore Institute of Technology

Final Assessment Test – November 2024

Course: BHUM203L - Introduction to Psychology

Class NBR(s): 4640

Time: Three Hours

Slot: C1+TC1

Max. Marks: 100

- **KEEPING MOBILE PHONE/ELECTRONIC GADGETS, EVEN IN 'OFF' POSITION IS TREATED AS EXAM MALPRACTICE**
- **DON'T WRITE ANYTHING ON THE QUESTION PAPER**

 Answer ALL Questions

(10 X 10 = 100 Marks)

1. Define motivation. Illustrate the biological bases of motivation.
2. Explain depth perception and elaborate its classification.
3. Outline the factors which affect Mental health. Provide real life examples.
4. If a researcher claim that music will help the people to deal with stress, then which method of psychological study he/she will employ to confirm his hypothesis? Explain this and any one another method of psychological study with suitable examples.
5. Examine different causes of forgetting. Support your answer with appropriate examples.
6. Analyse the importance of Emotional Intelligence in our life. Discuss the different components of emotional intelligence as per Goleman model of emotional intelligence.
7. When you're anxious because someone criticized your appearance but then you tell yourself things like, "She probably had some bad day herself". Pinpoint this type of self defence mechanism. Illustrate this and three other types of defence mechanism with examples.
8. Recall the term abnormality and elucidate the criteria of abnormal behaviour.
- 9.a) A job offer with a higher salary and good benefits may be appealing, but the long hours may be a drawback. Which type of conflict expressed in the above statement? Explain this and other types of conflicts with real life examples.

OR

- 9.b) Critically evaluate the healthy and unhealthy coping mechanism for maladjustments with suitable examples.
- 10.a) Evaluate the importance of operant conditioning while discussing its each component with example.

OR

- 10.b) A cat may be able to tell the difference between the sound of a bag of chips opening and the sound of a bag of cat food opening. Identify this concept under classical conditioning. Justify the utility of classical conditioning in behavioural modification with suitable examples.