



VIT
Vellore Institute of Technology

Final Assessment Test – November 2024

Course: **BHUM203L - Introduction to Psychology**

Class NBR(s): **4606**

Time: **Three Hours**

Slot: **C2+TC2**

Max. Marks: **100**

- **KEEPING MOBILE PHONE/ANY ELECTRONIC GADGETS, EVEN IN 'OFF' POSITION IS TREATED AS EXAM MALPRACTICE**
- **DON'T WRITE ANYTHING ON THE QUESTION PAPER**

Answer ALL Questions

(10 X 10 = 100 Marks)

1. Define Psychology. Discuss the versatile nature of the discipline with reference to its fields.
2. Elucidate the symptoms of depression and discuss strategies to overcome depression.
3. How is perception of Distance and Depth perceived with the help of cues? Discuss in detail.
4. Highlight the components of Emotional intelligence using suitable examples from your life.
5. Elaborate on how McGregor's theory of motivation explains managerial attitude towards employees.
6. Elucidate the kinds of conflicts people go through. Discuss with examples.
7. Suggest strategies to enhance mental health and well-being with examples.
8. Define Extra sensory perception. What are the various forms of extra sensory perception? Explain with examples.
- 9.a) Analyze the contribution of Carl Rogers in the field of Psychology.

OR

- 9.b) People use several self-presentation strategies for different purposes at different occasions. Elaborate various types of self-presentation strategies people use and why? Give suitable examples.
- 10.a) Discuss how Classical conditioning by Ivan P Pavlov explains learning? Explicate the theory's key points along with the application of classical conditioning.

OR

- 10.b) Discuss various reasons of why people face memory lapses or forgetting of information with suitable examples.

⇔⇔⇔ B/L/TX ⇔⇔⇔