

Course Code	Course Title	L	T	P	C
BHUM232L	Introduction to Sustainable Aging	3	0	0	3
Pre-requisite	NIL	Syllabus version			
		1.0			
Course Objectives					
<ol style="list-style-type: none"> 1. To sensitize the students about the complex entanglement between biomedicine, technology, and ageism. 2. To inform the students about the politics of health management, and the shame and stigma associated with aged individuals 3. To help students understand the notion of an inclusive society by reflecting on strategies to help aged people live a respectful life. 					
Course Outcomes					
<ol style="list-style-type: none"> 1. At the end of the course, the student will be able to understand the intricate relationships between society, and culture, and the reason underlying the shame and stigma associated with aged people. 2. Understand how the Sustainable Development Goals could be referred to, to offer holistic well-being to aged individuals. 					
Module:1	Biogerontology And Transhumanism	4 hours			
Biomedical Diseases of Aging (Aging as a problem)- Genetic Research on Aging - The Questionable Desire for Immortality - Antiaging Technologies- Genetic Testing for Alzheimer's Disease- Genetic Susceptibility to Alzheimer's Disease					
Module:2	Integrating Technology for Aged Wellbeing	4 Hours			
Telehealth- Wearable Devices- Smart Homes Devices- Social Robots and their Ethical Implications					
Module:3	Social Justice for The Old	4 hours			
Ageism- Age Integration- Ageing- Ageing in Place- Ambivalence- Bereavement- Politics of Health and Aging- Urban and Rural Perspective on Aging- Aging and Privacy- Aging and Disability					
Module:4	Philosophy Of Ageing	4 hours			
Concept of Time in Ageing- Material Convey- Successful Ageing and Harmonious Ageing- Phenomenology of Ageing-Dementia and the Nature of Mind-Ageing and Disposability					
Module:5	Pain And Suffering	4 hours			
Voices of Suffering- Suffering: A Gendered Phenomenon- Social Suffering- Metaphors of Suffering-Self and Suffering-Thanatophobia and Aging- Palliative Care- Medical Care Giving and Doctor/Patient Relationship					
Module:6	Sexuality And Aging	4 hours			
Aging and Sexuality -Sexuality of Aged Transgenders- Feminisms, Ageing, and Life Course Perspectives-Masculinity, Old Age, and Sexuality-Psychosocial Aspects of Sexuality					
Module:7	Ageing In Popular Culture	5 hours			
Life Narratives- Fictional Representation of Ageing- Representation of Ageing in Film and Media					
Module:8	Contemporary Issues	2 hours			
Guest Lecture					
	Total Lecture hours:	30 hours			

Text Book(s)			
1.	Black, H. K, Soul Pain: The Meaning of Suffering in Later Life (Society and Aging), 2018, 1 st Edition, Routledge.		
Reference Books			
1.	Felsted, K. F., and Wright, S. D. Toward Post Ageing: Technology in an Ageing Society (Healthy Ageing and Longevity, 1), 2014, Springer.		
2.	Grey, D. A., and Rae, M. Ending Aging: The Rejuvenation Breakthroughs That Could Reverse Human Aging in Our Lifetime (1 st Edition.), 2008. St. Martin's Griffin.		
3.	Phillips, J. E., Ajrouch, K. J. and Hillcoat-Nalletamby, S. Key Concepts in Social Gerontology (SAGE Key Concepts series) (1st ed.). 2010. SAGE Publications Ltd.		
Mode of Evaluation: CAT, Digital assignments, Quiz, and FAT			
Recommended by Board of Studies		01-02-2024	
Approved by Academic Council		73	Date 14-03-2024